Visionary Trips

"Lift up your eyes and look."
John 4:35

VisionaryTrips.World

Visionary Trips are global, mission-field exposure trips hosted by the Final Frontiers Foundation and our Ministry Partner, Touch a Life.

FinalFrontiers.World

Through the funding of national preachers, we endeavor to effectively advance the Gospel where it has never been preached before.

We are currently assisting national church planters in more than 80 countries.

TAL.World

Touch a Life Child Rescue Centers is a ministry partner of the Final Frontiers Foundation.

We are currently serving in the name of Christ in Honduras, Ukraine, Kenya, Uganda, Egypt, Syria, Pakistan, India, Myanmar, and Cambodia.



Visionary Trips in Honduras are based at our first and primary center, located an hour north of the capital, in San Juan de Flores (official name), better known as Cantarranas, a compound word meaning "Singing Frogs." With our sincere appreciation to the people and authorities of our region, we are eager to welcome and serve you.

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Please feel free to use any text or photos in this packet and to make as many reproductions as needed for your family or church group.

INTRODUCTION LETTER



Nolin and I would like to invite you to join our staff and us on one of our Visionary Trips to Honduras, Central America. Our primary campus is in the town of San Juan de Flores (St. John of Flowers). But it is unofficially known as Cantarranas, which means "singing frogs."

The people are friendly and courteous. Hondurans love Americans and enjoy our company. They are thrilled to see us in their villages and love to giggle at us when we "try" to speak their language. Their smiles are abundant, their food is delicious, their land is beautiful, and their hearts are warm to welcome you. Honduras is a safe country and only a three-hour flight from mainland USA.

Honduras has everything from deserts to rainforests and from lush green mountains to white, sandy beaches. But most of all, it is filled with over eight million souls who need to hear the Gospel and are open and eager to hear it from ***you***.

Whether you are a teenager or a senior citizen, I invite you to spend eight (8) days with me on a trip that, I believe, will change your life forever.

We have provided this extensive portfolio to address all of your questions. There's a lot to digest, but don't let that discourage you. We have included all pertinent information and loaded you down with the answer to every possible question. However, if you do need more specific information, don't hesitate to get in touch with me at jnelms@finalfrontiers.org

Remember, we can now offer Visionary Trips year-round, so if the summer months don't work for you, we can accommodate your schedule.

See you in Honduras!

Jon and Nolin Nelms

WHY TAKE A VISIONARY TRIP?

Imagine visiting homes like this:

- The entire family lives in one (1) room.
- There is no bathroom, no kitchen, no bedrooms.
- There is no bed, only one old, faded plastic chair, and a few plastic plates and metal pans for cooking.
- There is no heating, no electricity, no running water, no ceiling, and only a dirt floor.
- The roof is grass, mangled tin, or plastic sheets. When it rains, the floor turns to mud, and they must sit all night in one chair or on an old wooden box to stay dry.
- The family must bathe in the nearby river or stream.
- They carry drinking water home in an old paint can or a discarded pesticide container.
- They wash their clothes by hand on the rocks in the river.
- The mother cooks outside on rocks like a campfire so their house won't be filled with smoke. Asthma is common in these conditions.
- They eat only one meal a day, which consists of rice and sometimes beans.
- They have no salt, no tortillas, no meat, and no vegetables.
- The father works on a farm and earns only $20-$40 a month. The mother washes clothes for others and earns approximately $4- $10 per month.
- By the age of twelve, their sons will be working full-time, though they started part-time work at eight. They are no longer in school.
- By age thirteen, their daughters may well be pregnant and renewing the cycle of poverty. They, too, are no longer in school.
- They have never heard the Gospel of Jesus Christ, or even His name. They know there is a God, but they don't know He has a son.

THE PURPOSE OF OUR VISIONARY TRIPS

Our Visionary Trips are purposefully designed to open your eyes to the needs of others, spiritually, emotionally, and physically. We hope to help you find a way to make a difference in the lives of others, for the glory of God.

Visionary Trips are a joint ministry of the **Final Frontiers Foundation** and our children's ministry partner, **Touch A Life**, and are meant to change lives! Not just the lives of the preachers and children you will meet, like those described, but your life as well.

We all need a spiritual boost from time to time, and to be reminded of why Christ saved us and what He wants us to do for Him. Our Visionary Trips are just what the doctor ordered, whether in Honduras, India, Thailand, Kenya, or any of the other 80+ countries where we serve. You will meet dedicated servants of God and have the opportunity to provide hands-on support for a week. Each trip will be unique to your group, your chosen country, and your spiritual needs.

We don't ask you to bring a hammer because we really don't want you stuck in one spot for a week, staring at bricks and nails. We want you to walk through the village streets, distributing food bags to poor families, playing with the children, talking to their parents (with interpreters, of course), helping in the feeding centers, distributing tracts, and giving testimonies in church services. You may even be privileged to help us start a new church in a village without one, or to participate in a baptism by helping others out of the river.

In short, we want you to have a chance to serve as you never have before! Service that will change your life forever; service that will give you the spiritual boost you are looking for.

After you have made your decision and settled on a date, please get in touch with us so we can reserve your dates and begin preparing a place for you.



GENERAL INFORMATION FOR YOUR VISIONARY TRIP

Weather:

Climate Cantarranas: Weather By Month

Month	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Nov	Oct	Dec	Year
Record high °C (°F)	31.51 (88.72)	33.61 (92.5)	35.71 (96.28)	38.86 (101.95)	35.71 (96.28)	35.71 (96.28)	31.51 (88.72)	33.61 (92.5)	31.51 (88.72)	31.51 (88.72)	31.51 (88.72)	31.51 (88.72)	38.86 (101.95)
Average high °C (°F)	23.19 (73.74)	25.56 (78.01)	27.41 (81.34)	30.45 (86.81)	29.11 (84.4)	27.66 (81.79)	27.14 (80.85)	28.0 (82.4)	27.5 (81.5)	25.78 (78.4)	23.8 (74.84)	23.53 (74.35)	26.59 (79.86)
Daily mean °C (°F)	19.55 (67.19)	21.18 (70.12)	22.68 (72.82)	25.47 (77.85)	25.04 (77.07)	24.11 (75.4)	23.51 (74.32)	23.88 (74.98)	23.47 (74.25)	22.01 (71.62)	20.39 (68.7)	19.89 (67.8)	22.6 (72.68)
Average low °C (°F)	14.6 (58.28)	15.28 (59.5)	15.85 (60.53)	18.16 (64.69)	19.26 (66.67)	18.98 (66.16)	18.32 (64.98)	18.14 (64.65)	18.2 (64.76)	17.02 (62.64)	15.84 (60.51)	14.94 (58.89)	17.04 (62.67)
Record low °C (°F)	6.3 (43.34)	10.5 (50.9)	7.35 (45.23)	11.55 (52.79)	14.7 (58.46)	15.75 (60.35)	14.7 (58.46)	14.7 (58.46)	14.7 (58.46)	10.5 (50.9)	8.4 (47.12)	7.35 (45.23)	6.3 (43.34)
Average precipitation mm (inches)	107.87 (4.25)	85.85 (3.38)	105.48 (4.15)	209.09 (8.23)	554.18 (21.82)	554.45 (21.83)	365.76 (14.4)	466.51 (18.37)	588.75 (23.18)	410.75 (16.17)	179.25 (7.06)	89.33 (3.52)	309.78 (12.2)
Average precipitation days (≥ 1.0 mm)	21.68	19.0	18.33	22.24	30.08	30.27	31.22	31.03	30.93	29.31	24.44	18.62	25.59
Average relative humidity (%)	92.76	88.51	84.25	79.66	86.36	92.28	93.39	92.28	93.69	94.64	95.22	93.45	90.54
Mean monthly sunshine hours	7.61	8.93	11.76	13.07	12.84	12.63	12.36	12.63	10.74	9.56	8.86	7.63	10.72

Source: https://weatherandclimate.com/honduras/santa-barbara/cantarranas

Accommodation:

- With groups, we try to put two (2) to four (4) people in a room. Whenever possible, couples stay together; at other times, men are in one room and women in another, depending on the arrangements your group makes and approves in advance.

- The ceramic-tiled rooms are safe, clean, and air-conditioned. Each has a private bathroom with a walk-in ceramic shower, a fan, and unlimited hot water. Still, it is recommended that you do not leave valuables in your room.

- We provide all sheets, blankets, pillows, bath towels, and wash cloths. If you want to bring your own, you may. We also provide expected toiletries.

- Our rooms were designed for your comfort. We even have a covered patio between the two dorms where you can "hang out" in the evenings, enjoying a cup of freshly brewed Honduran coffee, an ice cream, a smoothie, and a gentle breeze.

See the room photos on page 21

Clothing:

- There is no need for formal clothing such as suits. You can dress casually and comfortably. We offer a laundry service for a small fee (100 Lempira, < $4 USD). Still, we recommend bringing enough clothing for the week to avoid additional expenses.

- If you are a preacher, you may want to bring a tie for when you are preaching, but that is entirely up to you. Some local pastors wear ties; most do not. Either way, you will not offend. (Jon never wears ties!)

- Ladies can wear slacks if they like. Increasingly, Honduran women wear slacks and jeans, so it will not be a problem if you do. If preferred, you can wear casual dress daily or to church on Sunday. Try not to "dress up" too much, as you will be among impoverished people. If you prefer, our staff will dress in accordance with your standards to avoid offending.

- Ladies, please do not wear tight-fitting or low-cut clothing. These are not acceptable in the Honduran culture and will make a bad impression on you and on our ministry. This is not a judgment on you, but a reflection on cultural differences. That which is considered acceptable or modest in America may not be in Honduras. We appreciate your understanding.

- Please do not bring a lot of jewelry, as it attracts thieves and emphasizes your wealth and their poverty.

- Wear comfortable close-toed casual shoes, tennis shoes, or boots, because we will be doing a lot of walking on both dry dirt and extremely muddy roads. Flip-flops or slippers are welcome at our facility.

- One afternoon, we typically take teens on a jungle trek to a waterfall where they can jump off into a pond below. We are currently building both a swimming pool and a splash pad for our Honduran children and youth camps and our guests. If you plan to swim, please wear modest swimwear, such as cutoff jeans and a non-transparent top. No bikinis, two-piece, or form-fitting, low-cut swimsuits. Those are not acceptable in the Honduran culture. Have your apparel approved by your group leader. We are a ministry and have a reputation for protecting and upholding. In their culture, swimwear is for swimming, not highlighting or bringing attention to the body.

- You will be riding mules or horses unless you choose to opt out, so wear comfortable, appropriate clothing.

- If you are prone to sunburn, bring a hat and sunblock.

- Bring insect repellent and non-drowsy motion sickness patches or pills.

- Bring a waterproof poncho or a light raincoat. Usually, there is a downpour lasting 20 minutes to an hour every afternoon and on some evenings. It may rain up to 3 inches in a few minutes. Then the sun comes out and dries it in fifteen minutes.

Lifestyle:

- Of course, there is no smoking, drinking, cursing, or vulgar behavior allowed.

- Adults and teens should be cautious not to touch any children or others in any unusual manner. A hug, tussling in play, a pat on the head, and such things are as common there as they are here and are encouraged.

- Remember that you will be representing not only your church and our ministry, but Christ Himself.

General:

- It will be hot, and you will drink a lot of water. Although we provide clean water, fresh bottles, and refills, some guests prefer to bring their own containers. That's a great idea.

- If you are not an experienced traveler, then let me say this. In third-world nations, you primarily hurry up and wait. Try to be patient. Remember, you are a guest in their nation and a stranger to their culture. They are very friendly and generally love Americans. Many of them will have friends and family who live in the USA (Most are there illegally, so avoid expressing political opinions that would be hurtful*)*. Some will try to speak English with you and strike up a friendship.

- In rare cases, groups are composed of Believers from different churches who may disagree on politics, nonessential doctrines, such as music and clothing styles. Please refrain from debating or discussing your differences. You are here to serve, not to argue. Groups of twelve or more will have only their own church members present unless other provisions have been approved in advance by your group leader.

- Because you are going on a mission trip (not a vacation), the trip expenses, including airfare, may be tax-deductible. Contact your financial advisor regarding this.

- Honduras is a modern country. You will have no problem buying batteries and other items. The electrical outlets are 110, just as they are in the USA.

- Medicines are also available at an abundance of local pharmacies. If you need to see a doctor or go to a hospital, we will arrange the appointment and provide transportation and

interpretation services. However, the cost will be your responsibility. Consider travel insurance as suggested on page 37.

- Our facility offers free Wi-Fi via our Starlink system. (You may not want to tell your kids this so that they won't be looking at their phones all week.)

- Let us know if you have any special medical or dietary needs. If you have specific needs, please let us know in advance so we can determine whether you can purchase them here or whether you need to bring them with you.

- Let us know about any allergies anyone in the group may have. This is very important so we may assist properly should an emergency arise. We highly recommend that the group leader have each participant complete a medical information form. This way, in the event of an unforeseen emergency, someone in your group is aware of any potential medical issues a person may be facing. There are many Travel Medical Questionnaires online. We recommend using a simple one, such as:

  https://health.williams.edu/files/2010/04/TRAVEL1.pdf

- Check with the Centers for Disease Control's website to learn more at: https://wwwnc.cdc.gov/travel/destinations/traveler/none/honduras to gain their insight on what shots are recommended. Do keep in mind, however, that they, as with all sites, go to extremes in their recommendations. This is perhaps to prevent them from being held legally liable. Some of those who have gone with us in the past to various nations have settled on getting pills for malaria. Of course, it is good, no matter where you live or travel, to be up to date on tetanus immunization. Your local county health department can provide recommendations and immunizations. You can also check using the link above for up-to-date notifications regarding any health concerns. Keep in mind, you're going to Honduras, not to Mars.

- If you do not have a valid passport, order it immediately. This process takes time, and you can pay extra for expedited service. Contact your Post Office for more information.



BEFORE YOU LEAVE AMERICA

- A non-refundable deposit must be paid no later than 3 months before your departure date, unless your leader has made other arrangements for your group. See page 32

- The balance of your travel costs should be paid no later than 1 month before your departure date. The trip costs must be paid to our office in the United States, not brought to Honduras.

- You may pay online at https://visionarytrips.world or send a check payable to "Final Frontiers" and mail it to:

Final Frontiers
P O Box 358
Grovetown, GA 30813

(add in the memo field: "Visionary Trip")

- Contact your airline to confirm the number of bags you may bring and the weight limit. They are very strict about this, so be careful when packing. The airline WILL charge you EXTRA for additional or overweight luggage, or refuse to let it go, so make sure you are not over their limit. This restriction may change, so it's a good idea to call the airline before packing to confirm you comply with their luggage weight and regulations.

- If you need last-minute information before leaving, call our office at 800-522-4324 and leave your question with Jon, Daniel, or Michael; they will get back to you. You can reach us in Honduras by calling this number. Here are their extensions. Remember, we have Wi-Fi so you can make and receive calls via WhatsApp and other services.

  1-800-522-4324: Jon Nelms #110 ~ Daniel Nelms #101 ~ Michael Horne #102

- Be at the airport at least 3 hours before departure to ensure you have enough time to check in and go through security.

- You are welcome to bring candy and small gifts for the children. Please note that it will add both space and weight to your baggage. We will have tracts, Gospels of John, and other materials for you to pass out. We will also have opportunities to purchase candy, piñatas, and food bags ($10 each) while in Honduras.

- If you plan to purchase food bags to give away, we need to know at least 1 month in advance how many you want. You can include that amount in your check for the trip costs. (For more information, see Ad-Ons, starting on page 25.)

- Honduras considers any person under the age of twenty-one a "minor". While bringing a minor into Honduras may seem simple, getting a minor out of Honduras requires specific paperwork. We highly recommend that the trip organizer and the minor's parents complete the following form and **have it notarized** to ensure a smooth departure process. We recommend using the Child Travel Consent form available at https://www.lawdepot.com/us/family/child-travel-consent/ .
  Don't hesitate to contact our office with any questions or concerns.

- **Regional Travel Affidavit:** This is an online form to be surrendered upon entry and exit. Every traveler or head of household entering or leaving the country must fill out a form. The form must be completed within five days of your stateside departure date. It must be completed online. You do not need to print the QR code unless you prefer to, but you will need to present it upon entering Honduras. The link to complete this short and simple form is:
  https://sisglobal.aduanas.gob.hn/Pech/#/plataforma/otra_gestiones/formularioDJRV
  The information needed to complete it is available in the sample copy, page 41.



ARRIVING IN HONDURAS

- We will meet you all at the airport when you arrive. You may not see us until you have cleared Immigration and Customs, have all your bags, and enter the airport's common area. We will be waiting for you there. However, due to our contacts, we are often granted access to the security area. We will be waiting for you as you exit the aircraft and proceed to Immigration. We will take you through the Diplomatic Line to save time. This will put you at the front of a line that can be up to 400 people long. *(You're welcome.)*

- Palmerola Airport offers free Wi-Fi throughout its entire property. We recommend that at least one person from your group contact family members to confirm the group has arrived safely.

- Upon leaving your aircraft, your first stop will be Immigration. Here, your Passport will be stamped by an Immigration officer; you may be photographed or fingerprinted; and you may be asked questions about your trip. All the answers you will need are on the sample of your Regional Affidavit on page 41. As mentioned above, we will likely be beside you and available to assist with any issues.

- Next, your carry-on bags will be scanned.

- Then, you will need to show your Regional Travel Affidavit QR code mentioned at the bottom of the previous page. This is part of your: *Before You Leave America* checklist. One QR code must be completed per family or household. A person at a desk will scan it.

- Next, you will gather your checked baggage.

- Finally, you will exit through the Honduras Customs area.

- When you walk out the door into the airport lobby, you will see a crowd of people. We will be standing there waiting for you if we weren't there to greet you as you exited the airplane.

- Do not be concerned about changing money at the airport. We will do that for you at our facility and provide the correct exchange rate. We recommend bringing extra cash for souvenirs and snacks, such as Cokes or chips, as you explore our country. *(At least $100*) How much is up to you. We can convert any remaining funds back to dollars for you before you leave.

- Generally, we provide you with lunch immediately, as most airlines no longer do. While you eat, our staff will load and secure your luggage in our delivery truck. After eating, we head off to our facilities. The drive over the mountains will take about two and a half hours. This would be a good time to use a motion sickness patch if you have one.

- We recommend that you not exchange email addresses, telephone numbers, or network contacts. That information will eventually circulate, and you will receive constant requests for help. If that happens, please let us know, and we will try to stop it. If you do want to establish contact, we recommend providing only your email address, as it can be easily blocked if misused.

- You are under no obligation to give anyone money or assistance should they ask for it in the future. Don't allow yourself to be abused financially, and please notify us if you feel that is happening.

- One afternoon, we will take you to Valle de Angeles, a shopping village where you can find handicrafts and souvenirs. They do accept all major credit cards, and getting cash advances at a bank is no problem if you desire to do so. They can also arrange shipping if you wish to purchase larger items, such as hand-made, solid-wood furniture. You're going to really enjoy that outing.

- We will be with you every step of the way to make sure you are not taken advantage of and to help you bargain for a better price.

- All our staff, preachers, and children have been told not to ask you for anything. If you are approached for money or gifts, please inform the Final Frontiers leader. While this may not be offensive to you, it is to others, and that action could damage our ministry's reputation. Please let us know if this occurs. All our national staff are salaried and are prohibited from requesting funds or gifts. It is essential that you help us enforce compliance with our regulations to prevent future guests from being taken advantage of. If you wish to help someone you see in need, please consult the Final Frontiers leader privately first. Groups often give our staff monetary gifts from their leftover change before they depart for home as a "thank you," but this is not required.

- As we travel around each day, we will be accompanied by armed "Tourist Police". This is a service they offer us in exchange for tips and meals. The tips cost us about $40 a day, but we will cover them. Peace of mind is our gift to your people. We use their service because some guests are a bit scared of being in a foreign land and are comforted by their presence. It also allows the police to see the villages we visit, so they don't have to stay at their facility all the time. These officers have become dear friends and come to us for spiritual guidance. We typically have a weekly Bible study for them. You will enjoy their company.

- We travel with multiple vehicles, so if one breaks down, it is not the end of the world. After twenty years of hosting Visionary Trips, we have most every issue nailed down. You will appreciate this as problems arise. And they will arise. After all, it's a Visionary Trip. If everything goes right, then we must be doing something wrong.

WHILE IN HONDURAS (TYPICAL DAILY SCHEDULES)

THURSDAY

- Arrive in Honduras.
- Check in to our facility around 4:00 pm, get your room assignment, unpack, and unwind for a few minutes.
- If you are purchasing food bags, we will likely use the next thirty or so minutes for your team to put them together.
- Review the week's Overview Itinerary.

FRIDAY, MONDAY, TUESDAY, AND WEDNESDAY

- Visit two or more feeding centers or schools each day and help feed the children.
- Visit the homes of children and preachers.
- Visit some of our national pastors, see their works
- Possibly visit a city dump where people live their entire lives.
- Option to ride horseback to some rural churches and feeding centers.
- Do street evangelism, testimonies, and tract distribution.
- Help with church services. Preach if you desire. We have translators.
- Help us host a meal and evangelistic service for the elderly, youth, etc.
- Opportunity to conduct a VBS-style ministry one day or every day if you would like to.



SATURDAY



- Visit elderly and abandoned women, see how they live, and give them a small hygiene kit.
- Do personal souvenir shopping.

SUNDAY

- We will spend the entire day with the Tolupan Indians, preaching, loving them, giving food bags, playing with the kids, and shopping for their hand-made baskets. This will be a day of adventure as we cross a river 10 times without a bridge. (see below)

THURSDAY

- Breakfast
- Return to the airport for your flight home.



DEPARTING HONDURAS

- We will be with you the entire time you are in Honduras. When your trip is over, we will return you to the airport and walk you through the departure process. You won't be left alone until you pass through to the secure areas.
- Minors and their guardian/parent will need to stop by the Migration of Minors counter.
- Next, we will take you to your airline's check-in counter.
- We will take you to the line where you will present your Regional Travel Affidavit. Just as upon entry, every traveler or head of household entering or leaving the country must declare. Again, you do not have to print the QR code; just have it ready.
- After this, you will enter the security screening area. However, we will remain in sight should you need us.
- Finally, you will walk into the departure lounge area and onward to your assigned gate. Now you will no longer be in contact with us except by telephone.
- Your home-bound flight to the entry city in the USA will take about three hours. There may not be a meal service on the plane. If you're hungry, buy a snack in the departure lounge. Once you are back in the States, you may have a layover for a few hours. Be sure you have enough funds left over to buy a snack if you want one.
- When you get home, do not forget what you have seen and the people you have met. I can assure you that they won't forget you! And don't forget us! **Stay connected with us at** https://tal.world/ and complete the short form at the bottom of the page.



DAILY ACTIVITIES

On our Visionary Trips, we want to help you enlarge your mission's vision by SEEING what we do and how we do it. Rather than sitting in churches hearing sermons, you can't do that by spending a week on a roof hammering or in a clinic treating others. We want you to SEE what is and can be done—and what can be done if you apply yourself. We have hosted many missionaries and missionary leaders who come to learn what we do and how we do it, then return home to do the same.



Due to the remoteness of many of the villages we visit and the poor quality of Honduran roads, our well-constructed plans may and usually do require adjustments. Below is just a small list of the options available to you. As with anything, if you have other questions, please let us know.



Each day, you will visit two to three centers, feed the kids, pass out toys, candy, whatever you want to bring, as they find a way into your heart. We have comfortable, air-conditioned vehicles as well as other modes of transportation. Remember Missionaries Rule #1: *Be patient. On the mission field, nothing goes according to plans.*

BTW, this is NOT one of our vehicles.

If an opportunity arises, you may be able to help us evangelize a village without a church and plant a new church and a feeding center.

FEEDING CENTERS/CHURCHES YOU WILL VISIT



CANTARRANAS:
This is our first feeding center, located on our main campus.

BARTOLO:
This is our second feeding center. In the beginning, there was only a horse path, and we delivered food on the backs of donkeys. Now there is a road. This is many people's favorite stop. The children are incredible and will host a welcome program for you, singing and quoting Bible verses. You can also choose to ride a horse to the village for a $5 charge.

SUYAPA:
Jon started a church here while looking for a missing girl from another center. Then we built a facility and opened a feeding center.

SABANETA:
A marvelous man pastors this church. The children are so precious that my home church built a feeding center for them.

EL PEDREGAL:
Jon noticed a dirt road and turned to see where it would lead. There was a little village with a school. We started a feeding center there and provided the teachers with Bible lessons. We hope to start a church there.

ZURZULAR:
One of our national preachers started this church under a tree. It is at an elevation of over 5,000 feet, and coffee is the industry there. We call it the Coffee Church. People from distant villages walk there for services, waiting for us to start a church in their villages with a feeding center.

GUARICAYAN:
The same national pastor founded this church on a porch. The family gave land to build a feeding center with a church facility.

MAJADA VERDE:
The church in Bartolo established this feeding center on a lot with cactus, so we call it the Cactus Church.

MONTANITA:
Majada Verde established this feeding center on top of the mountain.

PLAN FRESCO:

Our newest church in the area is also on a mountain top. We went there to evangelize among "witches" and found none. But they have some believers and a Christian teacher at their one-room school. The community donated land, so we have built a feeding center/church next door to the school. A church in SC funded the entire project and provides meals for all children, five days a week, with a monthly budget of $570.

MARCOS:

This should be our next church/feeding center plant. For several years, we have helped them sporadically and donated school supplies. We are now in the process of ministering there full-time.









ADVENTURE TRIPS

WATERFALLS

If there is enough water in the rivers, we will take the youth on a jungle trail to a beautiful spot where they can jump off the waterfall into a pool below or slide down the natural rockslide that the Lord provided.





SOCCER

If you have enough people on your team, we will arrange for a local team to test your skills. This is always fun! But expect to lose by a large margin.





TOLUPAN INDIANS



This is a full-day trip (usually on Sunday) to visit what was the last unreached tribe in Honduras. A few years ago, our team visited every home in every village to share the Gospel and provide a solar-powered audio Bible. We planted two churches among them, and they have already planted at least two more.

On this trip, you will see what the Spaniards saw when they arrived more than 500 years ago, stepping back in time. Some still wear the ancient costumes. Most are now believers, but we take you there for the adventure of meeting them and crossing a river TEN times in our vehicles, with no bridges.

You will be amazed when Jon tells you the story of the Tolupan, passed down to him by their last Chief, Cippriano, who died at 114, leaving a wife, two daughters, and a seven-year-old son. These are Jon's favorite people.

SHOPPING

VALLEY OF THE ANGELS



One afternoon, we will take you shopping in a nearby tourist village. The people are friendly, the prices are low, and we can get you a special discount, just because we are friends. Enjoy coffee, smoothies, and the meal we will treat you to at one of the local restaurants.

TOLUPAN HAND-MADE BASKETS

The ladies make these from grass and straw in multiple styles and sizes. They are durable, beautiful, and cheap, about ten percent of what you would pay for them in the States. Selling their baskets is their primary source of income for the year, as few people know where they live. Be careful, though, you'll want to buy more than you have space for. They also make bracelets and necklaces.



While you're there, feel free to love on them and their precious children. Most are Born Again and enjoy meeting Americans. If you have simple trinkets from America to share with them, they will be delighted.

WHERE YOU WILL STAY










INSIGHTS INTO SOME OF THE PLACES YOU WILL VISIT

Schools, Feeding Centers, Churches where we minister,



This is Zurzular, the Coffee Church that's on a mountain top over a mile high. This church was started by one of our national pastors, Fidel Benetez. He began it under a tree. When it rained, we all got wet trying to crowd eighty people under a canopy already occupied by a truck. Tabernacle Baptist in Orland purchased and remodeled the house into a church. In recent years, Bible Baptist Church in Fairfield, OH, built an extension at the front, allowing us to have the children outside for worship while the adults are inside.



This is a school in the little village of Marcos, where the teacher allows us to bring school supplies, visitors like you, and conduct Bible lessons with the children. This is the next village we have targeted for a feeding center/church. We will install a Starlink system here to enable remote instruction and deliver a daily Bible cartoon lesson to the children.



This is the village of Majada Verde, where a church was planted years ago by a national pastor, long before we arrived. It is a vibrant community, but quite a distance through a jungle where we have encountered snakes and mountain lions. Don't worry, you'll be inside a vehicle. In this photo, one of our staff members, Frank Caballero, is passing out candy to an endless line of children.



This is a church on another mountain top called Montanita (little mountain). It was started years ago by a national pastor and is pastored by a tremendous young man. We also have a feeding center here. We have started training a young man here for the ministry.

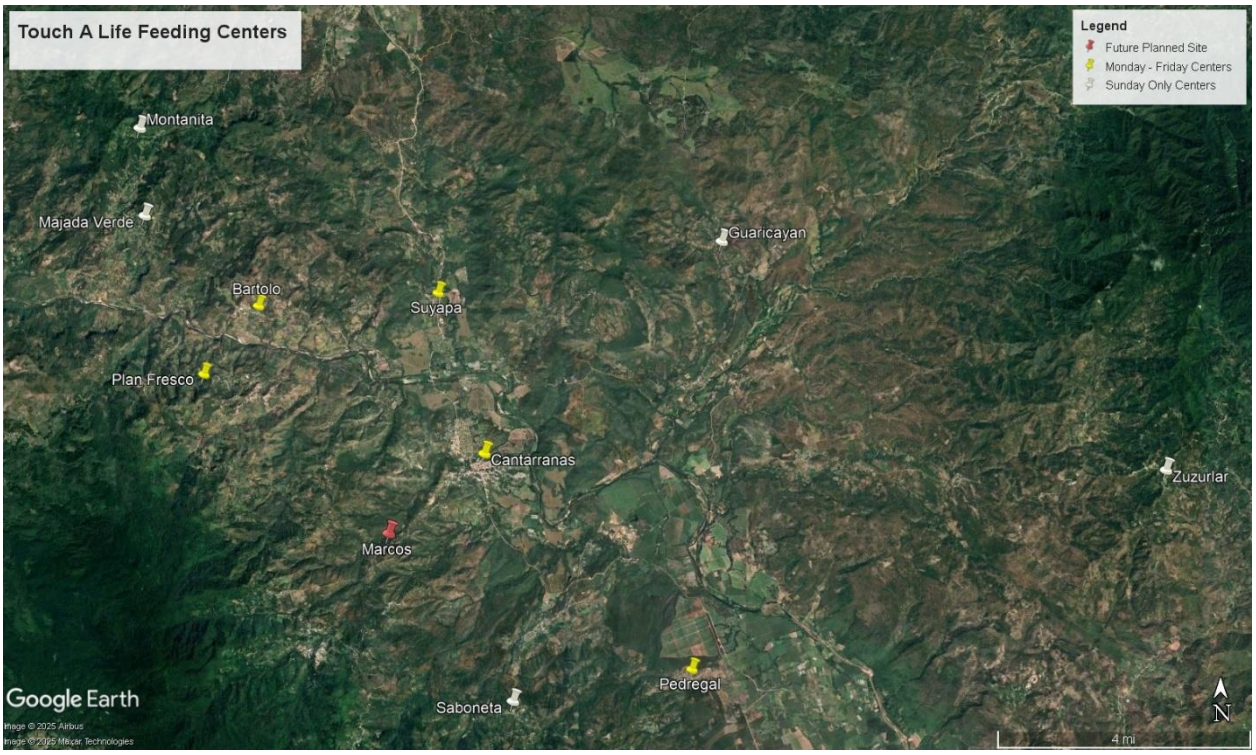


This is the village of Suyapa, where Jon started a church about ten years ago. We have a nice church facility and an add-on wing where we feed about eighty children each school day.



Pastor Fidel Benetez also started this church in the tiny village of Guaricayan. Marcello and his wife donated this property to establish a feeding center and a church. For years, they met on his front porch. Now, almost every child in the village eats here and gets a Bible lesson. Marcel is now studying for the ministry and will eventually become the pastor of this church next door to his house.

Each day, Jon will give you an interesting and informative overview of the places you will visit the following day. When and how these works began will create compelling stories of God's movement in our area and lessons about Biblical missionary principles. You will be especially delighted to learn the story of the Tolupan and the miracles they have witnessed.



Although the map above may indicate we have covered the area, we have not. Cantarranas is not just a city; it is also an area, much like a county for us. In total, there are 110 towns, villages, and hamlets. Our work will not be complete until there are strong churches and feeding centers in each. In the past, Jon would go into the mountains at night and look for dots of light (cooking fires), indicating a village. Now, with electricity, it is easier to find them. Zoom in, and you may be able to locate some of the larger ones.

At the same time, a three-hour drive north, we are beginning to plant a church and a feeding center in every Tolupan village that does not yet have one. We will use the Tolupan people we train as evangelists and pastors to accomplish this.

Pray for us, help us, and visit us on a Visionary Trip. Come, “lift up your eyes and look.”

ADD-ONS – EXTRAS TO ENHANCE YOUR TRIP

We have developed these over the years in response to our guests' suggestions. You are not required to do any of these.

PINATAS

- One of the best ways to gather a group of children is to put up a piñata.
- Within walking distance of our facility is a storefront that sells piñatas and 10-pound bags of candy.
- This may save you from needing to bring candy/giveaways from Stateside in heavy/bulky checked bags.
- Since these are stocked at a local store, you do not need to provide any notice before purchasing. We can take you to the store minutes from our campus, where you can purchase as many piñatas and candy as your group desires.
- **The cost for a piñata is typically $25-$40, and enough candy to fill it would be about the same.**



FOOD BAGS



- **The cost of the food bags is $10 each** and will weigh about 14 pounds. One bag will help to feed a small family for up to a week.
- Each bag contains about 14 pounds of food, including rice, beans, corn for tortillas, salt, cooking oil, margarine, spaghetti noodles, and other essentials.
- If you or your group are interested in providing some of these. We will purchase the items, and upon arrival, your group will assemble the bags on an assembly line. It's a lot of fun!
- Groups that come almost every year always compete to buy more. That is because of the fun they have giving them away and the smiles and tears of those who receive them.
- One thing I can promise you is that if you don't buy any, you will wish you had, and no matter how many you buy, you will wish you had more to give away. The current record for one group is 1000 bags. To do this, they raised funds from sister churches, businesses, and neighbors.
- As you go from village to village, your heart will yearn to help them overcome their poverty, and this is a good way to do just that. Many of these families will have little to eat, some may have nothing, so your gift will be astounding to them.
- We also use these bags in unevangelized villages to plant new house churches.
- We need to know the final number of bags you want to give and receive the funds for these at least two (2) weeks before the trip. If you know in advance how many you want, it's best to send those funds along with any remaining balance for trip costs.
- Once in Honduras, you can add extra bags if last-minute funds were donated.
- We can set up a unique fundraising page for your group to raise funds for food bags and/or other Add-ons if you aren't able to handle that yourselves.







In this photo, Jon's son, Daniel, now the President of Final Frontiers, distributes food bags to hungry children and mothers in a village where we have planted a church. We want to bring as many to Christ as we can, but once we have won them and planted a church, they are our family. If they need help and we can provide it, we give it—thanks to your donations.
Behind him is Mike Munson, a church member from Ohio. Mike is now serving with us full-time in Honduras, administrating our growing ministry.



This young woman from America is distributing food bags that her church raised funds for. She is helping her church members give them to the Tolupan Indians. Hundreds passed out that day. No one went home empty-handed.

SPECIAL MEALS YOU MAY WANT TO HOST

Some groups like to arrange a special evening meal for **Seniors, Ladies, Men, or Teens**. For these occasions, we provide a meal, games, and a time of devotion. The purpose is to target a specific age or gender group. For example, a mostly teen and young adult group may want to sponsor a Teen Meal to reach this audience. A group of older adults may want to host a Men's, Ladies or Senior Meal. It's up to you.

Usually, the group that provides the meal also provides the minister. If someone wants to speak, we will provide a translator. For the Ladies' Meal, it is appropriate for one of the visiting ladies to teach from God's Word. Our Honduran ladies love that.

The cost for either of the three events is $300. That provides the food, drinks, prizes, etc.

Typically, we try to have all three meals each season. Thus, if two churches want the Senior's Meal, we will ask one to host the Seniors and the other to host another group.



ONE DAY MEGA YOUTH CAMP

This is a significant outdoor youth activity for all high school students in the town. We usually have more than 300 attendees. And by the end of the day, we are worn out.

There are all types of games and activities, including volleyball with a four-foot-diameter ball, soccer, tug—of—war, egg tosses, water balloon fights, and sack races. If you can dream it up, we can do it. In addition, there is a meal with drinks, some snacks, and enough bottled water to fill a swimming pool. (BTW, we hope to have our own pool soon. Then we'll have chicken fights, hold-your-breath contests, and biggest-splash competitions.

Along with the teens are their principal, teachers, and administrative staff. At the end of the day, we have a great devotional time and, if possible, distribute food bags to each teenager. Many of these teens are classified as undernourished or malnourished.

We already have a one-hour weekly Bible class for these students in their respective schools. We are discipling them to be an army for Christ that helps us teach children, evangelize villages, and start new house churches.

The event costs $1200 (teens eat a lot), so we host it only once a year and raise funds to help cover the cost. If your church would like to provide this activity, please let us know. It's literally first-come, first-served.



RAINY DAY AND EVENING ACTIVITIES

We cannot control the weather. However, we can almost guarantee it will rain at some point during your trip. What happens if it does rain? We get wet. Some of our ministries can still be reached, and we can try moving indoors. If not, we get wet, but you will love it.

We now have a fully stocked game table in our dining room for folks to hang out and play games. Some groups will stay up until 10 pm or 11 pm every night, just enjoying each other's fellowship. These games are available for your group to enjoy during any downtime on campus.



If you do not see your favorite game, perhaps you could bring it down with you and be a blessing to future groups.

A FINAL WORD FROM JON AND NOLIN NELMS

We are thankful for the ministry God has given us and grateful that you are interested in experiencing it. We aim to make our Visionary Trips unique to the group and the country. If you have any special needs or preferences, please let us know. We can tailor our trips to your preferences, whether you prefer comfort or ruggedness. Whether adult or youth. Whether to see why, what, and how we do it, or to spend a week helping us do it. Please let us know your ministry gifts in advance, and we will do our best to accommodate you.

We hope you will make a significant difference in the lives of the people you meet while making a meaningful difference in your own life. You will see things that you have never seen or even dreamed of. You will see how the poor of the world live and how easy it is to reach them with the Gospel. And you will be impressed by the wisdom of funding national preachers to reach their own people.

On our first Visionary Trip, back in 2006, we gathered at the end of the day for our evening meal. A pastor from West Virginia stood to ask God's blessings on the food. With tears flowing down his face, he started his prayer with these words: "Lord, thank you for the greatest day of my life." I believe you will feel the same as he did.

A youth leader from California brought a group of nearly twenty with him. They take trips every year. He remarked that this was the best trip they had ever had, not only because of the opportunities to serve, but also because our trips are organized well and because a single price covers the entire trip. That way, no one from his group overspent and ran out of funds in the middle of the week. Every group has that one person who spends all their money in the first few days and then has to borrow from everyone. In our system, everything is covered in advance, except for occasional Coke or ice cream. (You're welcome!)

Each year, at least half of our guests return for their second, third, fourth, fifth, or even sixth year. This tells me we are doing a good job of caring for and blessing them, or they would not want to return.

We welcome you to join us in ministry in Honduras and pledge to do our part to make your trip an incredible, life-changing experience.

If you have any further questions, please contact Jon Nelms at 800-522-4324 ext. 110 or email him. (This is preferable) jnelms@finalfrontiers.org

Oh yes, I almost forgot … one night we will have a special surprise that you'll remember for the rest of your life—guaranteed!

THE COST

FOR THOSE IN AN ORGANIZED GROUP

The cost of the eight-day trip (Thursday to Thursday) is **$750.00 per person.** If your trip is shorter or longer, the price will be adjusted accordingly. We have not raised our prices in almost 10 years, despite a 30%+ inflation increase in Honduras. We want to make a difference in your life and have you partner with our ministry—worldwide. Any "profits" remaining from your trip will be applied to our growing budget needs in Honduras as we open more feeding centers. BTW, airfare alone for a trip to most African countries is far more than our trips, including all expenses.

The cost information, starting on page 32, is a breakdown for individuals, families, and members of church/school groups. Over the years, we have had many groups reserve a week, which we then deny to other groups, only to have that church cancel later. As you can imagine, it takes significant time and effort for group leaders to plan such trips. They cannot be put together overnight. When this happens, we end up with a "deficit week," which significantly affects our budget. This is because we have to hire additional staff during the summer months, when most of our guests visit. I have to pay their salaries whether a group shows up or not. That's the law in Honduras.

Many others delay payment, which significantly hinders us, as we must purchase all food in bulk and make preparations in advance of your arrival. Some have even brought the payment with them, not realizing we need it in advance, so that their food is on hand, and their lodgings are prepared, etc. For that reason, we have instituted a:

GROUP RESERVATION/CANCELLATION POLICY

Upon reserving a week, groups must pay a $1,000 non-refundable deposit. If the group comes, the deposit is applied to their overall costs. If the group cancels less than three months before their trip's reserved date and before payment in full has been made, the funds will not be refunded; they will be considered a mission's gift to our ministry and used to feed children, purchase necessary equipment, and more.

We hope the pastors planning to visit with their groups will understand that this is necessary to ensure those attending are committed and will follow through as planned. Every year for the past 19 years, we have had church groups select a week, promise to attend, then fail to show up. In some cases, the church does it year after year. No pastor I have ever met wants to be a financial burden to a missionary. Having this Reservation Policy will eliminate that possibility. The funds we have lost could have purchased more vehicles or built several new church/feeding centers.

THE COST

*FOR THOSE **NOT** WITH AN ORGANIZED GROUP*

Individual Reservation/Cancellation Policy

The information on page 19 under "An Explanation About the Cost" applies to individuals and family groups, except for the deposit. We ask for a $200 non-refundable deposit for families (not in a group) and a $100 non-refundable deposit for individuals (not in a group) when you book your reservation. In other words, you have already selected a tentative date and now wish to reserve it. If you cancel after booking but before paying the full amount, you will not receive a refund. They will be considered a gift to our ministry and included on your Contribution Statement for tax purposes.

As a nonprofit, we are not permitted to issue refunds for funds that many consider tax-deductible. Many claim such trips on their tax records because they are working and serving, and not vacationing. Consult with your TAX PREPARER regarding this.

WHAT THE COST COVERS

- Please be aware that all ministries charge for trips, but we have made an effort over the years to charge less than our competitors. During this decade's economic crisis, despite a 30% increase in food costs, we have not raised our prices, making our trips more affordable for our guests. However, we do not want to hide the fact that a "profit" is made. This profit supports our ministry's worldwide needs, improves and repairs our facilities and aging vehicles, and purchases necessary equipment.

- The $750.00 covers your three (3) meals a day, unlimited purified water, lodging, and travel within Honduras. It **does not include** international airfare, souvenirs, or any additional snacks you may purchase. This $750, minus the $100 non-refundable deposit, must be paid in full at least two months before your trip date so we have sufficient funds to prepare for you.

- When booking your international flight, be sure you arrive and depart from Palmerola International Airport, in Comayagua, Honduras (The airport code is "XPL".) https://palmerolaairport.com. It may show you are flying into and out of Tegucigalpa, the capital, but using the airport code XPL will work fine. If you have any questions, give us a call.

- We do have "add-ons" if you prefer to provide one or more, but none are required. They will add to your blessing as you give and theirs as they receive. You will find these further in this portfolio. You can read about them, starting on page 25.

A HELPFUL SUGGESTION ABOUT FUNDING

We have found that, in general, people pay for their airline tickets first, then for the trip costs. What happens is they buy a ticket but don't save enough for the trip expenses. We suggest you save for the trip and, if necessary, pay for your airfare with a credit card you can pay off quickly to avoid incurring debt. That way, you can make the trip without being stuck with a non-refundable ticket. Even if it is refundable, there will be fees!

Since most people plan their Visionary Trip months in advance, consider saving a fixed amount each month so you are prepared.



FUNDRAISING SUGGESTIONS

Most adults will be able to pay for their trip from their own income or with church assistance. It is always a good idea to involve your church and family in fundraising for your trip. Be sure to take plenty of photos to show them when you return or post them daily on our Facebook account. Make sure they understand that this is not a vacation, but a ministry adventure. Here are some things churches, schools, and youth groups have done in the past to pay for their trip:

- CAR WASHES
- WALK-A-THONS
    - Donors pledge an amount for every mile or quarter mile walked.
- BOWL-A-THONS
    - Donors pledge to pay for every pin knocked over in the best game of three.
- CHURCH-WIDE YARD SALES
    - At homes or combined as a church event, where members donate items.
- SENDING OUT LETTERS ASKING FOR HELP TO FAMILY AND FAMILY FRIENDS
- SPONSORING BANQUETS (SUCH AS VALENTINE'S DAY)
- THE UGLY TOILET
    - This one is the all-time winner. You get an old, clean toilet, paint it as ugly as possible, then let the teens go to the homes of various (good-tempered) church members at night and place it in their front yards. Then they ring the doorbell and offer to remove it for a donation to their mission trip. Adults enjoy this, but pastors, please give your church advance notice!
- RENT A DUNKING POOL and let people pay to try to dunk the staff or other well-liked people in the church.
- For more ideas, go to www.fundraising.com.

On our website, VISIONARYTRIPS.WORLD, you will see a short video presentation on our Visionary Trips to Honduras, along with a video from Grand View Baptist Church from one of their trips with us. You can also download it and show it at your church to raise funds and interest in the trip. You can encourage people to watch it to increase their willingness to help cover your travel expenses.

MORE INFORMATION AND FREQUENTLY ASKED QUESTIONS

ACCOMMODATION:

Our facility offers twelve (12) individual rooms, each with two queen beds, an ensuite bathroom, and individual air conditioning. Additionally, we also offer two (2) bunk rooms, each with up to seven (7) bunk beds, an ensuite bathroom, and individual air conditioning. (For photos of our rooms and campus, see page 21)

CELLULAR SERVICE:

Many US carriers offer international plans or already include Honduras in their coverage. Upon landing and turning on your phone, you may see a message from your Carrier. Please ensure you understand your Carrier's specific plan to avoid costly roaming or international fees.

CLOTHING & FOOTWEAR:

We highly recommend bringing a rain jacket or poncho. Additionally, you will likely want closed-toe shoes or boots for our day trips to villages or cities. You may also want to bring shower shoes. If you have any questions concerning clothing or footwear, please contact our office.

FOOD & SNACKS:

Honduras offers the most common American-branded snacks, though the ingredients may differ slightly. There are two (2) convenience stores within a block of our facility. They offer a variety of drinks (juice or carbonated), snacks, and candy. All your meals are covered while you are in Honduras; however, people often patronize these stores for additional snacks. There is also a grocery store in our city that sells 10-pound bags of candy for distribution.

LAUNDRY:

Laundry service is available for a fee of 100 Lempiras (approx. $4 USD). If you would like to use our laundry service, please let a staff member know.

REGIONAL TRAVEL AFFIDAVIT:

Upon your entry and exit, every traveler or head of household entering or leaving the country must declare. This form must be completed within three (3) days of your arrival and departure date. It must be completed online. You do not need to print the QR code, but you must show it upon entering and exiting Honduras. The link to complete the form is:

https://sisglobal.aduanas.gob.hn/Pech/#/plataforma/otra_gestiones/formularioDJRV.

TRAVEL INSURANCE:

This is entirely optional and solely up to each traveler within your group. Some airlines offer this as an add-on to your ticket, while others let you purchase it separately from a third party. We have had groups use Allianz Travel Insurance, and they stated the claims process was smooth and straightforward. Their link is:

https://www.allianztravelinsurance.com.

TRAVEL MEDICAL QUESTIONNAIRES:

We highly recommend that the group leader have each participant complete a medical information form. This way, in the event of an unforeseen emergency, someone within your group is aware of any potential medical issues a person may have. We must be aware in advance of any food allergies any participant may have. There are many online resources. We recommend using a simple one, such as found here:

https://health.williams.edu/files/2010/04/TRAVEL1.pdf

WHAT AIRLINE SHOULD I USE:

Palmerola International Airport is a state-of-the-art airport. Commonly, folks will travel on American Airlines from Miami. However, your situation may be different. For information on what airlines provide services to Palmerola Airport, please use this link:

https://palmerolaairport.com/en/airline-information.

Typically, the US carriers that fly to Palmerola International Airport (XPL) are American and United. **NOT DELTA.** Both airlines operate two flights per day, approximately three hours apart. (about 12 pm and 2:30 pm)

At both times, the two also arrive within a few minutes of each other, so it will be convenient for everyone if you can have your entire group on the same flight; otherwise, the rest of your group could be waiting for you for several hours. If you book four months or so in advance, that should be no problem.

WI-FI:

We offer complimentary Wi-Fi throughout our entire facility. Very few of the remote villages or cities we visit offer Wi-Fi. We are installing Starlink in all our vehicles, thanks to Impact Others, to provide Wi-Fi access as we travel through the jungle.

GETTING STARTED CHECKLINST FOR THE GROUP LEADER

- Inquire about available dates and choose your date. Visit our Visionary Trips site online, check the calendar, or call our office. 800-522-4324

  https://www.visionarytrips.world/calendar.html
- Contact us so we can block that week out.

- Determine how many plan to go in your group/family (expect that 30% or more will back out). Try to have at least 7 to 10 people. The maximum group size is about 30; however, we have had groups of over 40 at one time. If you have a large group (more than 20), you may want to consider reserving two weeks, one for teens and chaperons and the other for adults.

- Pay the $100, $200, or $100 per person non-refundable fee, as applicable. See Costs, starting on page 32.

- At least 1 month before your departure date, send a check for the balance.

- At least 3 months before your departure, have all your airline tickets purchased or reserved. Usually, if someone must back out, the ticket price may be refunded or applied to another ticket within 12 months of the original purchase date. Please check with your airline to confirm. There is no guarantee of the best time to purchase your ticket. Some airlines or services send you an alert when the price drops. If you wait until 4-6 weeks before the date, you may save a little, but you will most likely lose a lot.

- Determine if you want to do any "add-ons" as listed, starting on page 25

- Inform us of what you intend to do to verify it is still an option for your group.

- At least 1 month before your departure date, send a check for the add-ons. If more comes in later, that is not a problem. Please inform us of the number of additional bags you need at least 1 week before your departure date, and bring the cash with you.

TO DO LIST

The group leader should give a copy of this to each person going, then follow up to ensure all funds are collected and submitted on time, together and in full, if possible.
Also, remember the food bags and other opportunities, and inform us as soon as you can.

Six (6) months before your departure date:

1. **Make sure everyone has a passport. Do the Passports have six (6) months of validity remaining after the ending date of your trip?** If not, apply for one immediately. It now takes up to two months to receive one. For an additional fee, you can receive expedited service.

2. **Does anyone want shots or need medications?** If you need malaria pills or a tetanus booster, contact your doctor or the health department in your county. Most people do not go to the trouble.

3. **Have you confirmed the dates of your trip with our office?**

Four (4) months before departure date:

4. **Have you purchased ALL airline tickets?**
   They probably won't get any cheaper from here on out.

5. **Have you mailed in your non-refundable deposit, or have you arranged for your group leader to do so? See pages 19-20**
   If not, do this right away so we can reserve your room.

Three (3) months before departure date:

6. **Will you be wanting to give away food bags or add-ons?**
   If so, do this quickly. If more time is needed, please let us know. If you are part of a group, you should coordinate this with your group leader. See page 25

Three days (3) before departure date:

7. **Have you completed your Regional Travel Affidavit?**

This is usually required when purchasing a last-minute ticket. If you are wise and purchased your ticket (even with a card) well in advance, the airline should send you a notice and a link to do this several days before your scheduled flight. If not, follow this link:

https://sisglobal.aduanas.gob.hn/Pech/#/plataforma/otra_gestiones/formularioDJRV

SAMPLE PACKING CHECKLIST FOR GUESTS

Everyone brings varying numbers of items. Some use only carry-on luggage, some need two (2) checked bags. The CDC offers a sample packing list on its website, though it thoroughly covers everything you would ever need. The link to their list is:

https://wwwnc.cdc.gov/travel/destinations/honduras/traveler/packing-list

Clothing (7 days):

- Clothes
- Lightweight sleepwear
- Undergarments
- Socks
- Closed-toed tennis/walking shoes

International Travel Needs:

- Your Passport and a copy of your Passport on your person
- Flight information
- Medical information and insurance card
- Intended address in a foreign country (we will provide this in advance)

Personal Items:

- Medications
- Pepto-Bismol and Imodium
- Insect Repellent
- Anti-bacterial hand sanitizer
- Sunscreen/sun block
- Sunburn medication and lotion
- Wet wipes
- Personal Snacks
- Spending money/travel meal money
- Comb/brush
- Contacts/contact solution and case
- Glasses/glasses case
- Toiletries
- Razor/shaving cream
- Soap and shampoo
- Toothbrush/toothpaste/floss

Should you run out, most of the above can be purchased in our town.

Must-haves:

- Backpack or small duffel bag
- Hat or baseball cap
- Sunglasses
- Inexpensive watch
- Flashlight
- Ziploc baggies (some gallon size, some sandwich size)

Other Items:

- Ministry & Donated Supplies
- Anything you want to bring and leave (shoes, sandals, clothes, belts, handbags, etc., in good condition)

SAMPLE OF THE TRAVEL AFFIDAVIT TO BE COMPLETED

https://sisglobal.aduanas.gob.hn/Pech/#/plataforma/otra_gestiones/formularioDJRV within three to five days before your departure.

Fecha y Hora de Impresión: 02/08/2024 09:03:17

REPÚBLICA DE HONDURAS
DECLARACIÓN JURADA REGIONAL DE VIAJERO / TRAVELER´S DECLARATION

TODO VIAJERO O JEFE DE FAMILIA QUE INGRESE O SALGA DEL PAÍS DEBE DECLARAR/
ALL TRAVELERS OR HEADS OF FAMILY MUST DECLARE TO ENTER OR LEAVE THE COUNTRY

Entrada / Entry (X) Salida / Exit ( ) Aduana de ingreso o salida / Arrival or departure Customs: 0018, XPL, Aeropuerto Internacional

Nombres (Given Name): MICHAEL WARREN Apellidos (Surname): MUNSON

Documento No. / Travelling Document No.: 123456789 Pasaporte / Passport (X) Otros / Others ( )

Nacionalidad /Nationality: ESTADOS UNIDOS Sexo / Sex F ( ) M (X) Fecha de Nacimiento / Date of Birth: 13-08-1986 D/D M/M A/Y

Motivo del Viaje / Reason for travel: [X] Turismo/Tourism [ ] Oficial/Official [ ] Negocios/Business [ ] Residencia/Residence [ ] Transito/Transit [ ] Otros/Others

Medio de transporte / Means of transportation: AEREO (Aéreo, Terrestre, Marítimo / By Air, By Land, By Sea) AA 359 (Empresa y N° vuelo/Nombre de la embarcación y N° de viaje/N° de Matricula del vehiculo /Airline and Flight N° / Vessel Name and trip N° / Vehicle registration N°

País de Procedencia / Country of Departure: ESTADOS UNIDOS País de Residencia / Country of Residence: ESTADOS UNIDOS País de Destino / Country of Destination: HONDURAS

Dirección Prevista / Foreseen Address: SAN JUAN DE FLORES FM - TOUCH A LIFE CENTER - BARRIO LAS LOMAS, CALLE PRINCIPAL

Número de familiares que ciajan con Ud. / Numbre of relatives traveling with you: 0

Cantidad de equipaje que viaja con Ud. / Quantity of luggage (handbags and check-in) That travels with you: 4

Cantidad de equipaje no acompañado / Quantity of luggage not traveling with you: 0

¿Ha disfrutado en los últimos 6 meses de exoneración de tributos? / Have you been granted any tax exemption in the last 6 months? Si / Yes ( ) No (X)

¿Lleva o trae consigo dinero en efectivo o valores monetarios, títulos valores, objetos, metales preciosos o una combinación de estos por un valor igual o superior a US$10,000.00 o su equivalente? / Are you carrying cash, title, objects, precious metals or a combination of these equal to or greater than US$ 10,000.00 or equal? Si / Yes ( ) No (X)

En caso afirmativo, favor indique la información siguiente: / If you marked yes, please provide the following information:

Tipo de moneda / Currency	Clase de Título o metales preciosos / Class of Title or precios metals	Valor expresado en dólares / Value expressed in dollars	Origen de los fondos / Origen of funds	Destino de los fondos / Destination of funds
---	- VACIO -	---	---	---
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¿Lleva o trae animales vivos, plantas, productos alimenticios o derivado de cualquiera de éstos? / Are you carrying live animals, plants, fresh foods or derived from any of these? Si / Yes ( ) No (X)

¿Lleva o trae productos químicos, framacéuticos, sustancias o residuos tóxicos, armas, municiones o explosivos? / Are you carrying chemicals, pharmaceuticals, chemicals or toxic waste productos, weapons, ammunition or explosives? Si / Yes ( ) No (X)

¿Lleva o trae mercancías distintas del equipaje? / Do you marked yes, please provide the following information: Si / Yes ( ) No (X)

En caso afirmativo, favor indique la información siguiente: / If you marked yes, please provide the following information:

Cantidad / Amount	Descripción de las mercancías / Description of goods	Valor en US$ / Value in US $
--- ---	- VACIO -	---
--- ---	---	---
--- ---	---	---
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Declaro bajo juramento que los datos consignados **SON CIERTOS** y he leído las instrucciones impresas al dorso de esta declaración. / I declare under oath that the information provided **IS TRUE** and I have read the instructions on the back of this declaration.

Fecha de Entrada / Salida Date of Entry / Exit: 03-08-2024 D/D M/M A/Y

240018DVIE221189N

Firma / Signature

THIS IS THE QR CODE THE CUSTOMS AGENT WILL REQUEST.

It will be provided to you online once you complete and submit the form on page 41. Having this QR code (on your phone or a printed copy) will save significant time during the immigration process.

Declaración Regional Jurada de Viajero
Traveler's Declaration

240018DVIE221189N



Estimado viajero, si usted está usando un dispositivo móvil, solo necesita mostrar este Código QR al Funcionario de Aduanas que le solicite la Declaración de Viajero en el Puerto de Entrada/Salida.

Dear traveler, if you are using a mobile device, you only need to show this QR Code to the Customs Officer who requests the Traveler's Declaration at the Port of Entry/Exit.